

# High Holiday Packet (all materials combined)



matan 

*Visually supported resource by Rabbi Ruti Regan*

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# Candle-lighting for Rosh Hashanah



בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם

**Barukh atah Adonai, ruler of the world**  
*barukh atah Adonai, eloheynu melekh ha-olam*



אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו

**who has made us holy by mitzvot**  
*asher kiddeshanu b'mitzvotav*

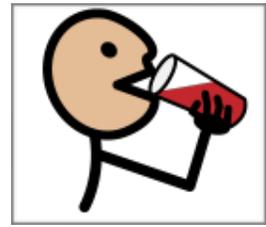


וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל יוֹם טוֹב.

**and commanded us to light the holiday candles.**  
*v'tzivanu l'hadlik ner shel Yom Tov.*



# Kiddush for Rosh Hashanah



בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם.

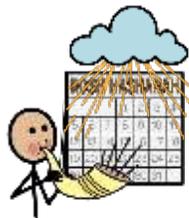
**Barukh atah Adonai, ruler of the world**  
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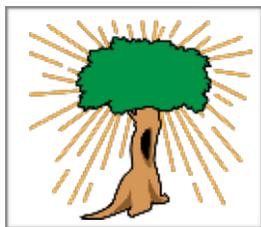
בוֹרֵא פְּרֵי הַגֶּפֶן:

**creator of the fruit of the vine.**  
*barukh atah Adonai, borei peri ha-gafen*

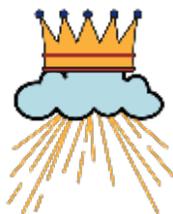
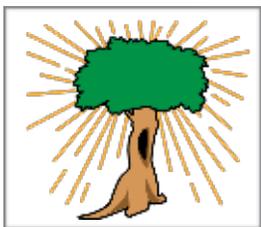
בְּרוּךְ אַתָּה יְהוָה, מְקַדֵּשׁ יִשְׂרָאֵל וְיוֹם הַזִּכְרוֹן:

**Barukh atah Adonai, who makes Israel and Rosh Hashanah holy.**  
*barukh atah Adonai mekadesh Yisrael v'Yom ha-Zikaron*



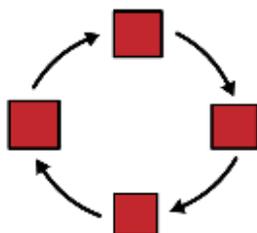


# Shehechyanu



בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

**Barukh atah Adonai, ruler of the world**  
*barukh atah Adonai, eloheynu melekh ha-olam*



שֶׁהַחַיָּנוּ וְקִיַּמָּנוּ וְהִגִּיעָנוּ לַזְּמַן הַזֶּה.

**who has given us life, sustained us, and enabled us to reach this season**  
*sh'hechyanu, v'kiyamanu, v'higianu la-zman ha-zeh*



# Apples and Honey



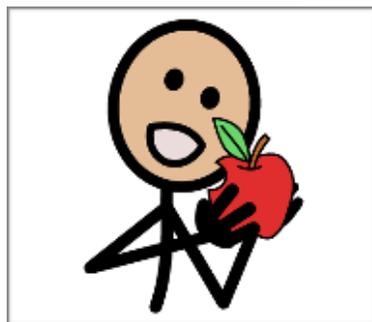
בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם.

**Barukh atah Adonai, ruler of the world**  
*barukh atah Adonai, eloheynu melekh ha-olam*



בוֹרֵא פְּרֵי הָעֵץ:

**creator of the fruit of the tree.**  
*barukh atah Adonai, borei peri ha-etz*



Dip an apple slice in honey

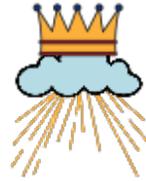


Eat apple with honey



# Handwashing

*Netilat Yadayim*



בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם

**Barukh atah Adonai, ruler of the world**  
*barukh atah Adonai, eloheynu melekh ha-olam*

אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו:

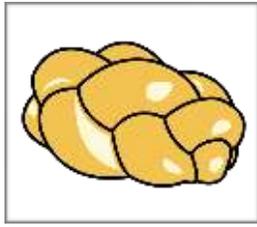
**who has made us holy by mitzvot**  
*asher kideshanu b'mitzvotav*

וְצִוָּנוּ עַל נְטִילַת יָדַיִם:

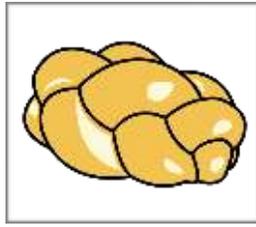
**and commanded us regarding hand washing.**  
*v'tzivanu al netilat yadayim*



Wash your hands

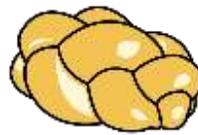


**Ha-motzi**



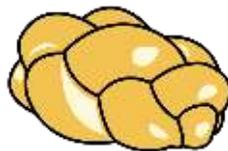
בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם

**Barukh atah Adonai, ruler of the world**  
*barukh atah Adonai, eloheynu melekh ha-olam*



הַמּוֹצִיא לֶחֶם מִן הָאָרֶץ:

**who brings forth bread from the earth.**  
*ha-motzi lechem min-ha-aretz.*





# Grace after meals

*Birkat ha-mazon*



בְּרִידְךָ רַחֲמָנָא מַלְכָּא דְעֵלְמָא

**Blessed are you, Merciful One, ruler of the world,**  
*brikh rachamana malka d'alma*

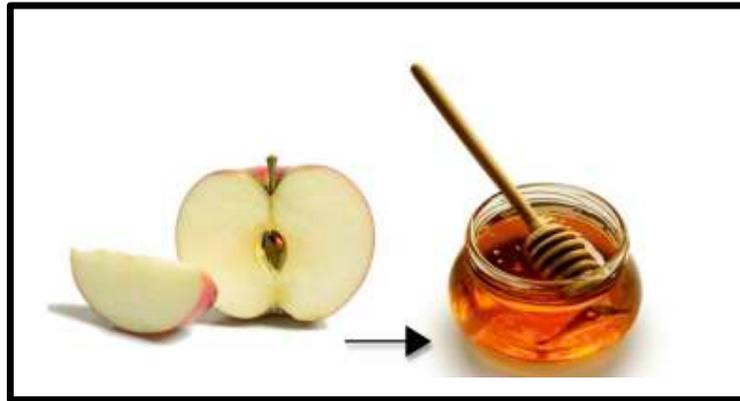


מַרְיָה דְהַאי פְּתָא

**Creator of this bread.**  
*mareh d'hai pita*

## Dip The Apple In The Honey

To the tune of My Darling Clementine



Dip the apple in the Honey  
Make a Bracha loud and clear  
L'Shana Tovah U'Metuka  
Have a Happy Sweet New Year!

## Apples & Honey Blessing

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם  
בוֹרֵא פְּרֵי הָעֵץ.

*Baruch atah Adonai, Ehlohaynu melech Holam, Borai p'reeha'aitz.*

# The Shofar Blast

Words & Lyrics by Peter and Ellen Allard

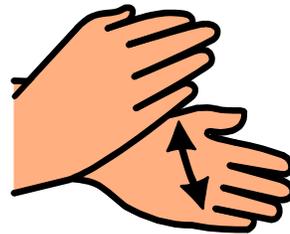
I like to hear the Shofar blast.  
Sometimes slow and sometimes fast.

I like to hear the Shofar blast,  
Happy, happy, happy New Year!

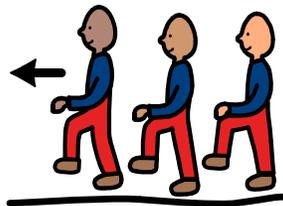
Tikiyah



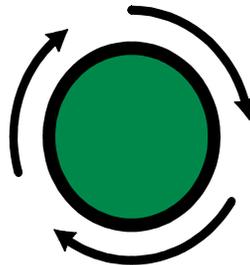
Shevariiaiiiiim



Teru, ah, ah, ah, ah, ah, ah, ah, ah, ah



Tikiyah g'dolaaaaaaaaaaaaaaaaaaaaah



# ROSH HASHANAH MEMORY GAME

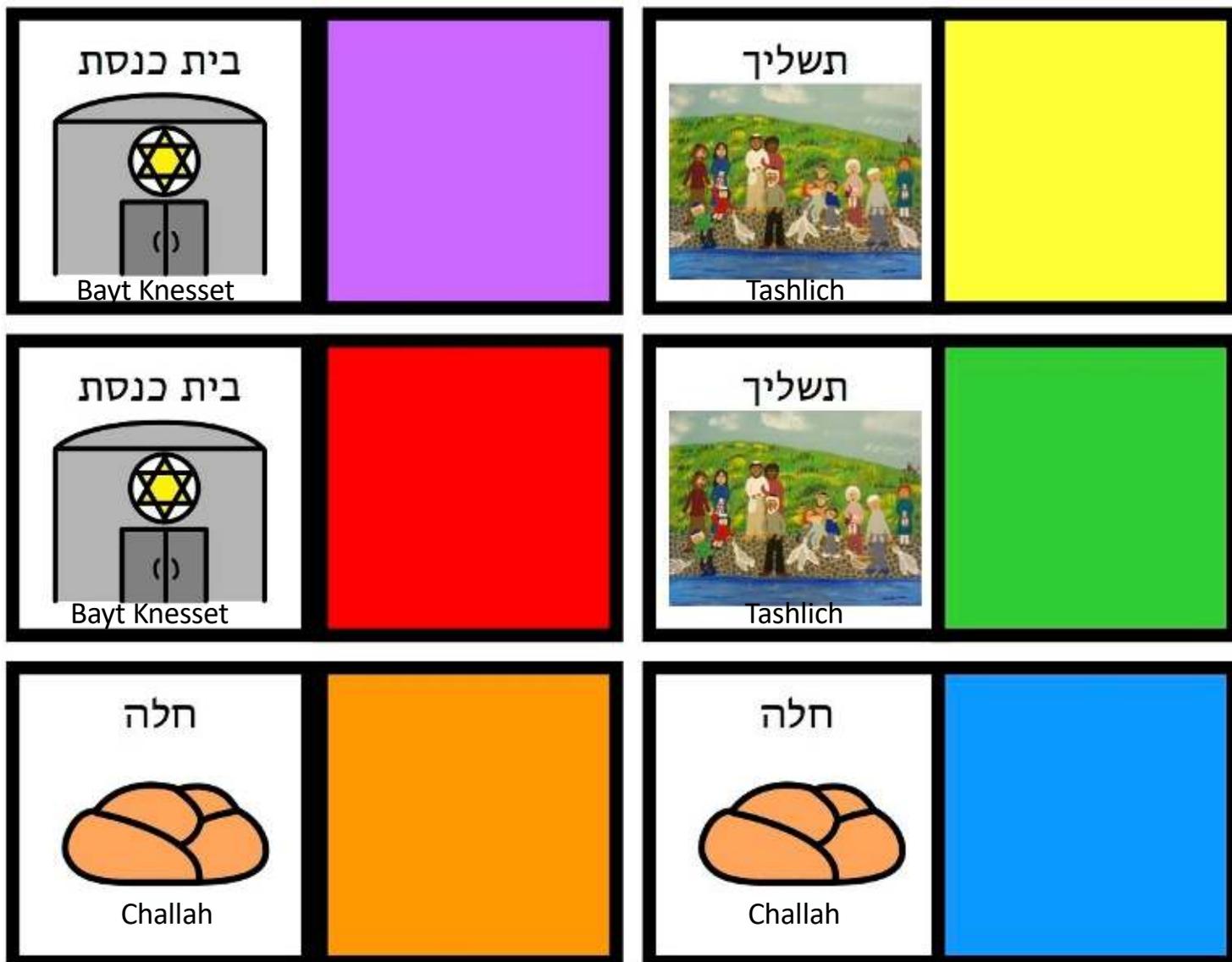


## DIRECTIONS

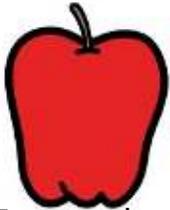
**GOAL:** To collect the most pairs of cards.

**SETUP:** Shuffle the cards and lay them on the table face down.

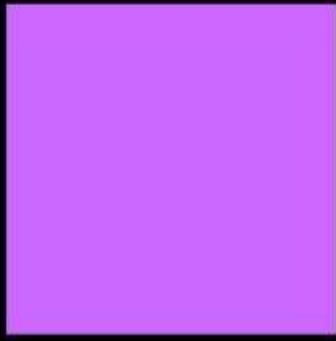
**GAMEPLAY:** On each turn, a player turns over two cards (one at a time) and keeps them if they match. If that player successfully matches the pair, they also get to take another turn. When a player turns over two cards that do not match, those cards are turned face down again and it becomes the next player's turn.



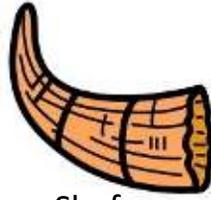
תפוח



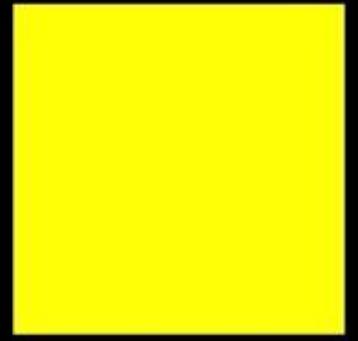
Tapoo-ach



שופר



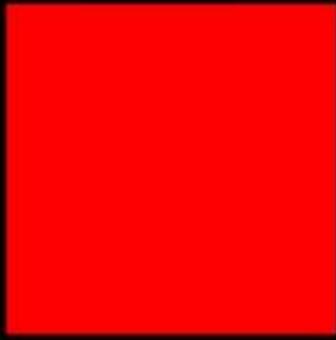
Shofar



תפוח



Tapoo-ach



שופר



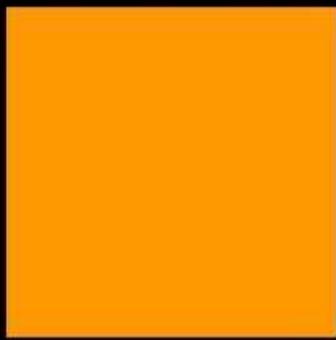
Shofar



דבש



D'vash



דבש



D'vash



שנה

טובה

Shanah Tovah



שנה

טובה

Shanah Tovah



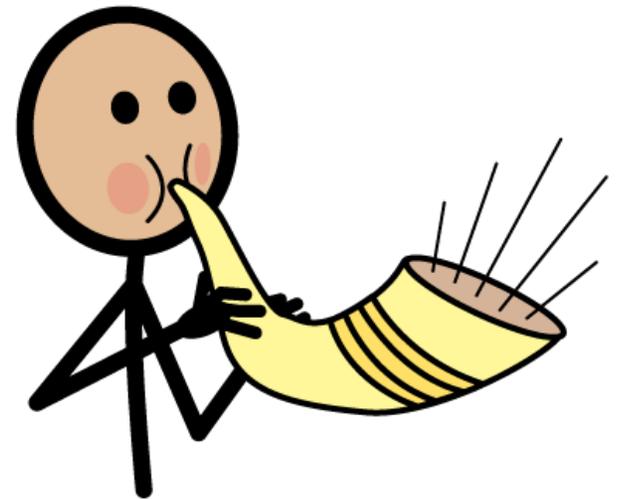
# The Shofar Game

## Setup instructions:

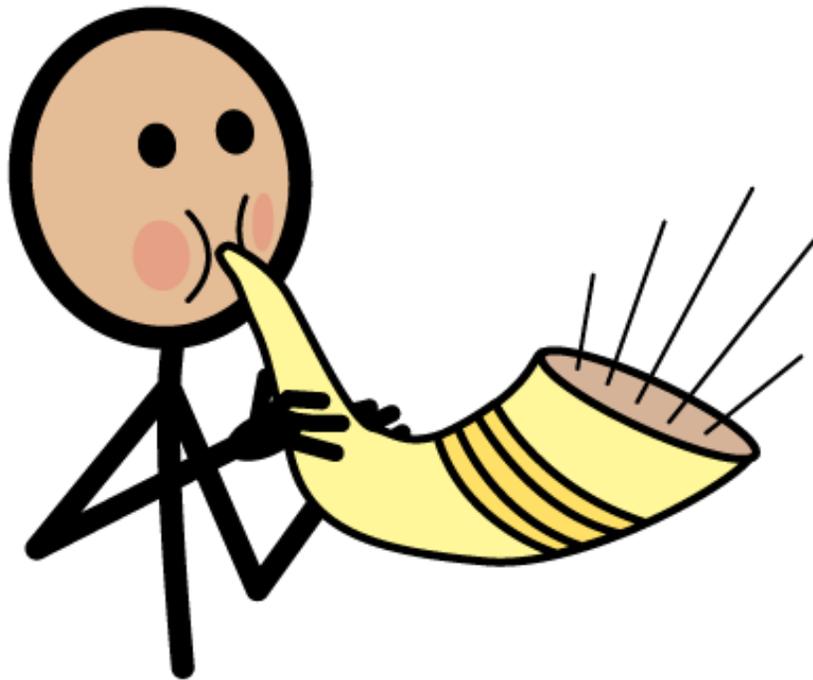
1. Print out the signs on the following pages.
2. Have students stand up and form a line at one end of the room facing the teacher.
3. Explain the rules and show the students each sign.
4. Do a practice round before the game starts to make sure that everyone understands what to do.

## Rules:

1. The students line up on one side of the room, and the teacher stands on the other side. (Like red light green light).
2. Ask the teacher: What does the shofar say?
3. When you hear “Tekiah” or see the “Tekiah” sign, take one step forward.
4. When you hear “Shevarim” or see the “Shevarim” sign, take 3 steps forward.
5. When you hear “Teruah” or see the “Teruah” sign, take 9 steps forward.
6. When you hear “Tekiah Gedolah”, run back to the beginning.
7. The game is over when everyone reaches the teacher.



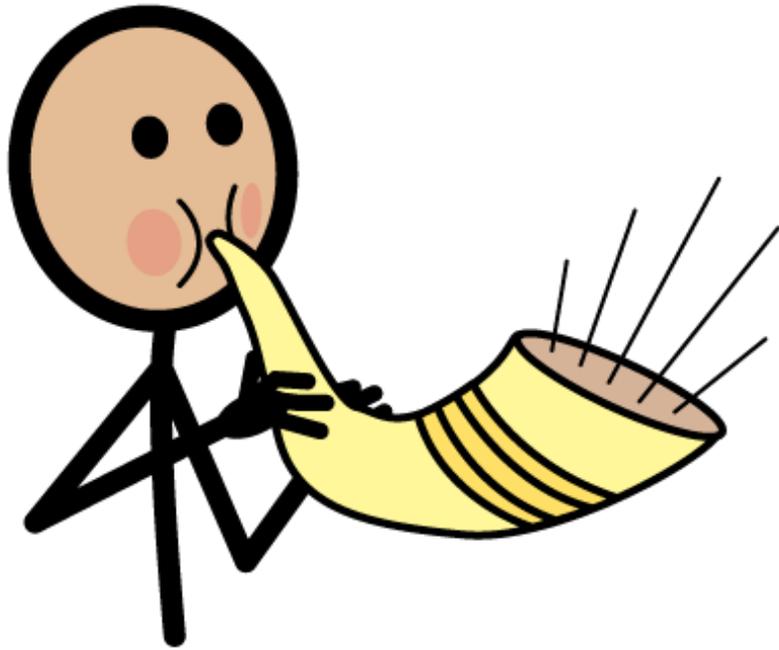
# Tekiyah!



# 1

**One Step Forward**

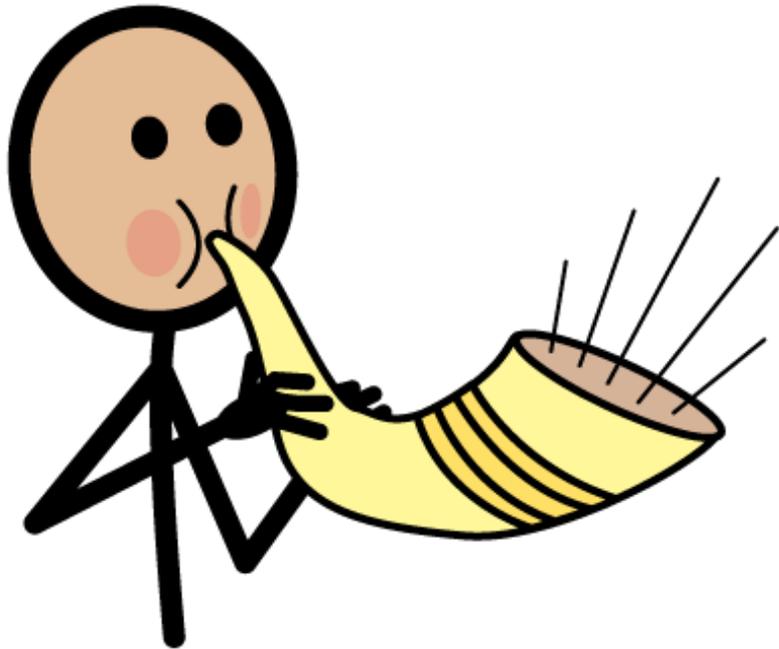
# Shevarim!



# 3

## Three Steps Forward

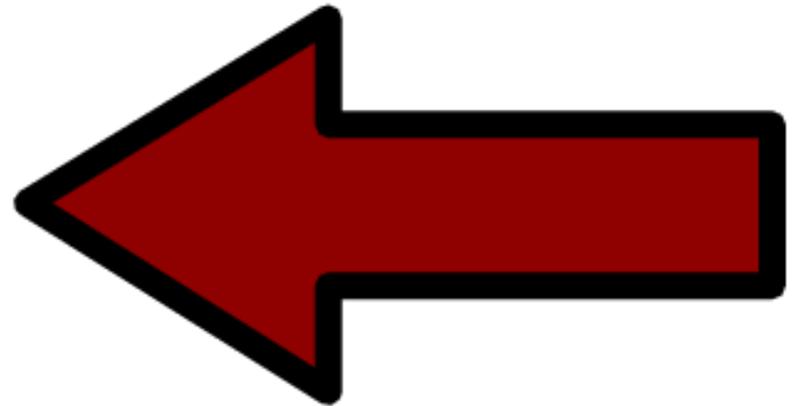
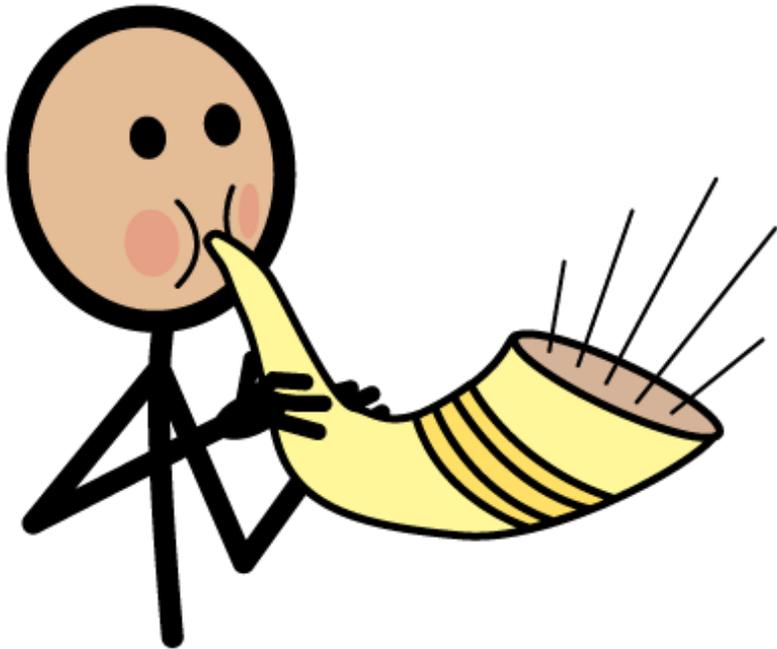
# Teruah!



# 9

**9 Steps Forward**

# Tekiah Gedolah!



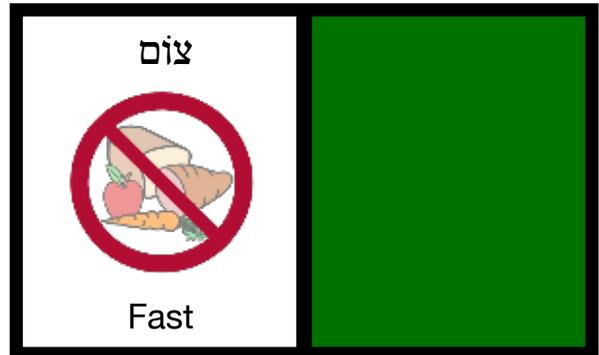
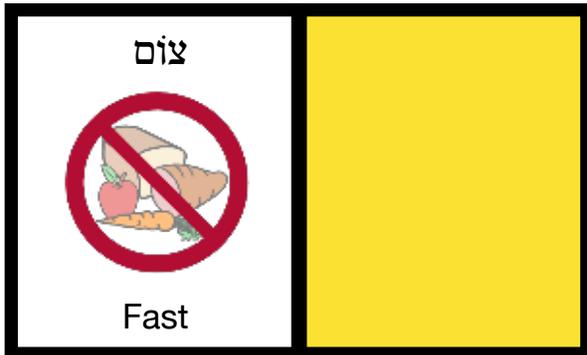
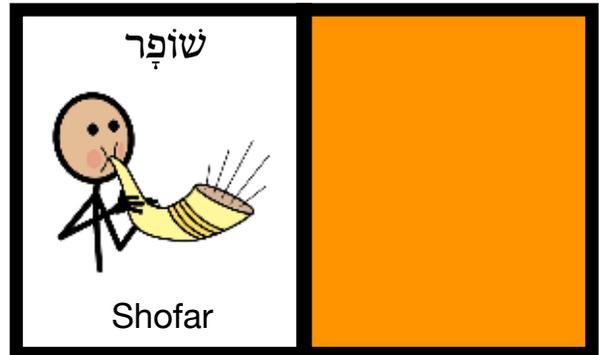
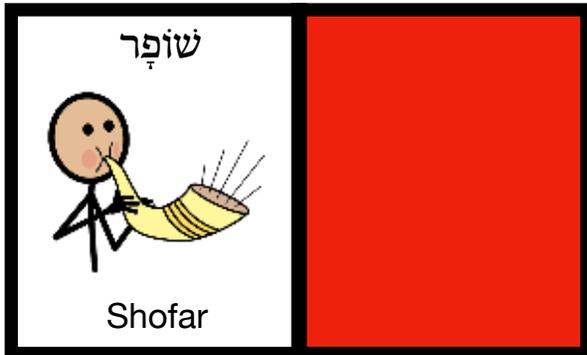
**Run back to the beginning**

## DIRECTIONS

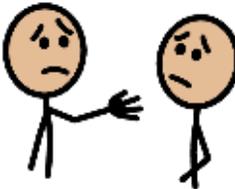
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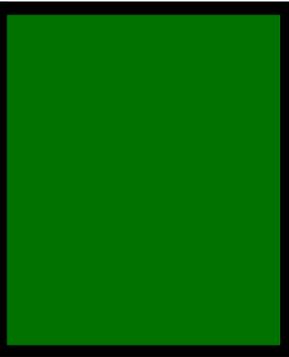
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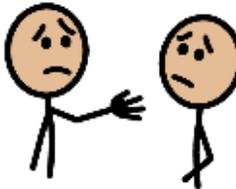
הַצְטִיֵּר



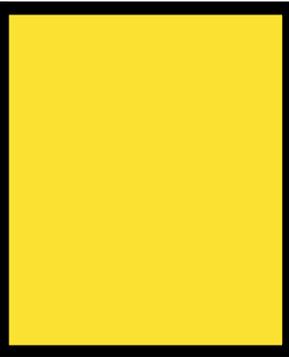
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הַצְטִיֵּר



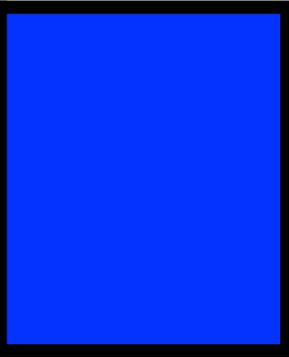
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תְּשׁוּבָה



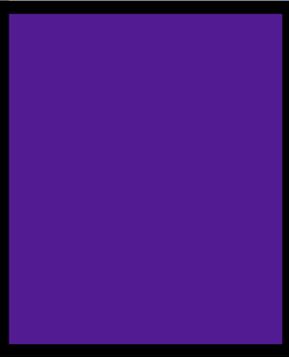
Teshuva



תְּשׁוּבָה



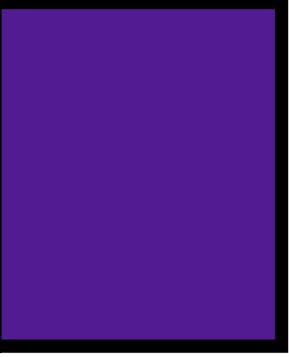
Teshuva



תְּפִלָּה



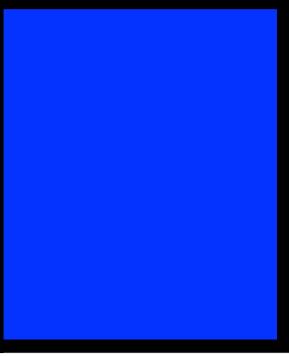
Prayer



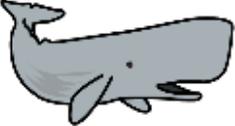
תְּפִלָּה



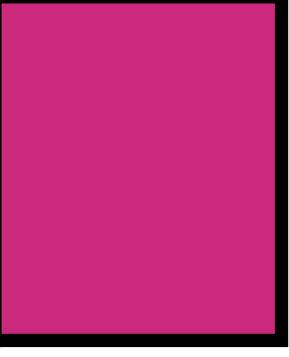
Prayer



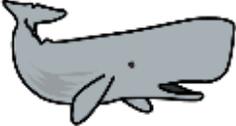
לוֹיִתָּן



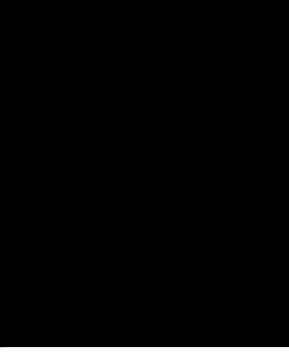
Whale



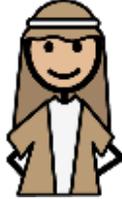
לוֹיִתָּן



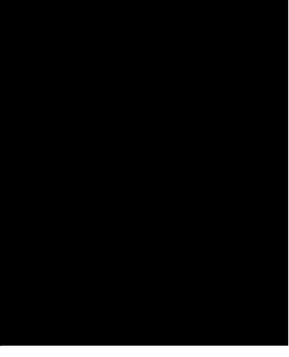
Whale



יוֹנָה



Jonah



יוֹנָה



Jonah

