Can We Play Now?

written by Meredith Polsky
My school is closed right now.
We are staying home to help everyone be healthy.
I am not sick. My friends and my teachers are not sick. The grown-ups in my house are not sick, either.
I like playing with my friends and teachers at school. I wish I could play with them now.
My school is closed, but I can play with my toys at home!
Everyone I live with is home. I want to play with them all day!
My grown-ups say they can’t play all day. They have to do their work.
When my school is not closed, my grown-ups go to work while I go to school.
Right now, their work is closed just like my school is closed! They are helping to make sure people stay healthy, too.
When my school is closed, I can play at home. When my grown-ups’ work is closed, they need to do their work at home.
Sometimes I have to be extra quiet while they do their work. That is not so easy!
Sometimes I ask, “Can we play now?” But the grown-ups are busy with their work.
I have an idea! There are lots of things I know how to do without my grown-ups! I can play with my toys, read a book, dance, sing, jump, or build a tower!
My grown-ups will tell me when they can take a break from their work and play with me. I will try to be patient.
When it’s time to play with my grown-ups, we will have so much fun. I will tell them about all the things I did while they were working!
I wish I could have fun with my grown-ups all day, but I am already thinking about what I will play when they go back to their work!
Meredith Polsky founded Matan in 2000 and serves as Matan's National Director of Institutes and Training, as well as the part-time Developmental Support Coordinator at Temple Beth Ami Nursery School in Rockville, MD and the Selective Mutism Specialist at Growing Minds, Center for Child and Family Therapy. Meredith is a nationally sought-after speaker on Jewish Special Education. She holds a Master’s degree in Special Education from Bank Street College, a Master’s degree in Clinical Social Work from Columbia University and a graduate certificate in Early Intervention from Georgetown University. Meredith is a 2017 Covenant Award recipient, and co-author of the award-winning I Have a Question children’s books series.